



Signature Box

Balanced nutrition and variety with enough food to feed a family of four for about a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. Bonus Item - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

**New and Improved!
Larger Portions,
Better Value!**

Fast and Flavorful Cuisine
Convenience meals great for seniors and people living with diabetes!

\$28

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals - just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Fillet
- Sweet and Sour Pork
- Red Beans and Rice
- White Chicken Cacciatore
- Breaded Chicken Parmigiana
- White Chicken and Gravy over Noodles
- Salisbury Steak & Gravy
- Meatball Stroganoff
- Country Herb White Chicken
- Macaroni and Cheese

Just 4 Me - After School Box
\$24

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

AUGUST SPECIAL #1 \$24

- Assorted Grill Box (6 lb.)**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
 - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
 - 1.5 lb. Mild Italian Sausage
 - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #2 \$23

- Steak and Chicken Box (4 lb.)**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3 \$22

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)**
- 4 Italian Chicken Breast (6 oz. ea.)
 - 4 Teriyaki Chicken Breast (6 oz. ea.)
 - 4 Lemon Herb Chicken Breast (6 oz. ea.)

AUGUST SPECIAL #4 \$24

- Oven Ready Entrees**
- 2 lb. Seafood Lasagna
 - 2 lb. Lasagna with Meat Sauce
 - 2 lb. Country Fried Steak with Gravy
 - 2 lb. White Chicken Noodle Casserole



AUGUST SPECIAL #5 Special Price! \$21

- Premium Fresh Fruit and Veggie Box**
- 1 Cantaloupe
 - 4 Peaches
 - 4 Navel Oranges
 - 1 Mango
 - 1 Cello Head Lettuce
 - 1 lb. Cello Carrots
 - 2 lb. Yellow Onions
 - 3 lb. Idaho Potato
 - 20 oz. bag Fresh Green Beans
 - 1 Head Cabbage
 - 2 AFM Fruit and Veggie Recipe Sheet



AUGUST SPECIAL #6 \$21

- Bit O' Blessing Box**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
 - 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
 - 1.5 lb. Country Fried Steak Patties
 - 1 lb. Ground Beef
 - 1 lb. Crunchy Fish Bites
 - 1 lb. Frozen Fruit or Green Beans
 - 1 lb. Rice

Orders Due: Sunday, August 15th at 10:30am
Distribution Date: Saturday, August 21st 11:45-12:15

If you have questions, need assistance or Food Stamp order forms, please contact UCP at 315-548-2772 or Linda Leight at 315-719-5555.